Fire consumed eleven stores in the teart of Taylorville, Ind., and caused loss of about \$350,000.

Fire at Johnstown, Pa., destroyed raff a dozen business houses and one freman was fatally injured.

Jean Baptiste Millet, the artist, rother of Jean Francis Millet, the amous painter, is dead in Paris.

Two dynamite explosions in different parts of New York killed one man and injured nine, three seriously. The peasants at Varonezh, Russia,

are rising as a protest against the manper in which the famine relief is being listrubted. Licensiado Cleto Gonzales Viquez, ormerly minister of finance, has been

slected president of the republic of Conta Rica. The workmen in the Presencia and efort districts of Russia have pro-

iounced against a general strike beore Easter. C. M. Hatch's store, Bridgeport, Conn., in which is located the post

ind stamps. Daniel F. Spiers, a well-known exdave, who purchased his freedom in 1851, for \$600, died at East Liverpool,

ffice, was robbed of \$5,000 in money

D., last week, aged 103 years. The revolutionists at Warsaw have innounced their intention to declare general strike in order to prevent he government from contracting a

new loan The dispatch of Russion troops to Finland is producing disquietude. It is eared that the authorities at St. Peersburg intend to supercede Governor-

Jeneral Hard. Many threats have been made igainst the life of Premier Witte. On Puesday he received warning that uness he left the government in a week

Charles Secrest, the policeman who bot and killed Thomas Johnson in the Cottage bar in Denver on February 9 he second degree

ynched near Oak Grove station, Florda, within an hour after he is alleged o have attempted criminally to assault young white woman.

The Sankey bill, providing for a 2ent railroad fare in Iowa, was killed n the house. Statistics were presented o prove that the 3-cent fare only paid

St. Paul put on its holiday attire on he 31st in honor of its fiftieth anni- Arellano of the supreme court. versary as a municipality and celeprated with parades of bands, miliary and civic organizations.

President Reiso of Chile has signed decree authorizing a loan of \$12,500,-100 from a German financial house for e construction of a railroad from Arica, Chile, to Lapaz, Bolivia.

Willis L. Moore, chief of the weather sureau at Washington, announced at he dinner of the Maritime association hat the weather bureau might soon issue forecasts of a whole month.

Mrs. Mary C. Wallace of Denver was fatally injured in the public elevator in the senate wing of the captel at Washington by attempting to eave the car while it was in motio

Prince Eugene Troubetskoy, leader of the moderates, who refused to acpept the portfolio of education in the Witte cabinet, has been elected a delsgate to the provincial congress. He was elected by the land owners.

It is positively known that Leonard Heck, Frederick Nicloy and Wilfred uckhut, three young men who left Quincy, Ill., for McCloud, Cal., were killed in the wreck at Adobe, Colo. The bodies were completely inciner-

The Hottentots in German Southwest Africa have surprised a German letachment consisting of an officer and sixteen men. The officer and three men were killed, four men were wounded, one man is missing and one nan escaped.

William Welch, who is said to be he oldest surviving member of the Union army in the Civil war, and the oldest member of the Masonic order n America, celebrated his one hun- rested. fired and sixth birthday at Lemster, N. H., on the 29th.

The village of Muelheim, near Coblenz, Germany, is theatened with detruction by a hill which has been radually slipping into the valley for everal days. Up to this time 150 general tie-up of the bituminous coal ses have been damaged and 300 ersons rendered homeless.

It is understood that as a result f conferences at Vienna between Emperor Francis Joseph and the Hunga-lan cabinet ministers it was decided n postpone the elections to months, when the government hopes are effective mane the elections for a few o be able to obtain an effective ma-

A negro prisoner at Corsicana, Tex., f fire to his cell in an effort to esape. The finnes got beyond control, and before the prisoners could be removed four were burned to death and a fifth was fatally injured. The negro o started the fire was among the

Senator Selby M. Collom's petition nomination for United States sen-r, filed in the office of the secretary state at Springfield, fil., contained 171,676 signatures. The petition of Richard Vates for United States sen-

OVERTHROW OF CASTRO SOUCH

Alleged Plot Being Laid in Europe and United States to Start Rebellion.

Castro is to be Expelled or Destroyed and a Native Venezuelan Statesman Installed as His Successor, the Work to be Accomplished by Mercenaries Backed by Powerful Syndicate.

New York .- The World says: "One of the largest merchants in New York declares that arrangements are being perfected here and in Paris and London for a division in Venezuela which will annihilate Castro and open up that country to American capital and that they may recover from the bane-

"A number of rich New York merchants are said to be interested in the movement, which, the promoters declare, will involve the employment of 15,000 soldiers and the expenditure of \$5,000,000 in the campaign under which President Castro, if the plans do not go astray, is to be either expelled or destroyed, and a native Venezuelan statesman is to be installed as

"In this connection it is said that Castro, anticipating a successful revolution against him sooner or later, same fixed status as any other recoghas converted some of his alleged \$4, nized medicine.-Columbus Dispatch. 000,000 fortune into cash and has sent it to America and France.

"The expedition is to set out shortly from Europe in three large steamships, which are already under contract. They are to carry about 5,000 volunteers, with the following quantitles of arms and ammunition: Eight thousand Mauser rifles of the latest pattern, 24,000 rounds of cartridges, 500,000 shells, eight rapid-fire guns, 8,000 army belts, 1,000 officers' swords, 1,000 officers' revolvers, 3,000 chettes and swords, together with other supplies.

IDE IS GOVERNOR GENERAL.

Inaugural Ceremonies at Manila With Civil and Military Display.

Manila.-The inaugural ceremonies in connection with the induction of ast, was found guilty of murder in Henry C. Ide into the office of governor general took place Monday with A negro known as "Cotton" was civic and military display. Three thousand troops of all arms attended and the Marble hall of the Ayuntamiento, the official home of the governor general, was thronged with thousands of citizens of all classes, while army and navy officials, consular officers, Captain Shimamura and staff of the Japanese navy, all in full uniform, added brilliancy to an impressive scene. The oath of office was administered by Chief Justice Cayetano

SHOT AS A HOLDUP.

Salt Lake Man Killed by Colored Walter Through an Error.

Sait Lake City .- A. L. Coleman, a colored waiter at the Wilson cafe, shot and killed John F. Larsen, 634 South Fifth East street, manager of the C. O. D. Commission company, at 12:35 o'clock Sunday morning in the city and county building grounds. Coleman says that Larsen acted suspiciously and attempted to hold him The bullet fired by Coleman entered the dead man's right lung and, passing through his heart, killed him

PUNISHMENT IS DEATH.

Father John of Cronstadt Attacked in the Cathedral.

Cronstadt.-Father John Sargleff. better known as Father John of Cronstadt, was attacked in the cathedral here Sunday while descending from altar to administer the sacrament. His assailant struck at him with loaded cane, but Father John dodged the blow, which smashed the cup. The man was arrested. The penalty for violation of the sacrament in Russia

CHILD KILLED BY AUTO.

Lady Occupants Fainted and Chauffeur Ran Away.

Naples.-An automobile containing Mrs. Jannette Gilman, her daughter and a French chauffeur, ran over and instantly killed Giovanni Fara, 13 The ladies fainted from fright and the chauffeur ran away. He was followed by carbineers and ar-The police seized the automobile. A threatening crowd of people surrounded the party, but the ladies were not molested.

Indiana Miners at Work.

Indianapolis, Ind .- According to advices received here there will be no mines in Indiana. At Vincennes the Prospect Hill Coal company has announced that it will sign the 1903 scale, and the operators at Bicknell, it is reported, have signified their willingness to do the same. At Evansville the Diamond, Worsham, burg Evansville Banner and Sunnyside Coal companies in this county will sign the 1903 scale and get

work as soon as possible. Mexican Congress in Session.

Mexico City.-President Diaz opened the spring session of congress on the 1st. In his message he states the government will instruct delegates to the Pan-American congress to be held at Rio Janeiro in July that the Mexican government has approved adhesion of Mexico to the terms of the Geneva conference respecting neutrality of hospitals in time of war, and that the government has signified its willingness to take part in the prozed second peace conference at The

A COLD BROUGHT IT ON.

Severe Congestion of the Kidneys Soon Cured by Doan's Kidney Pills. Richard M. Pearce, a prominent business man of 231 So. Orange St., Newark, N. J., says: "Working nights



during bad weather brought on a heavy cold, aching of the Hmbs and pain in the back and kidneys. Severe congestion of the kidneys followed. Besides the terrific aching there were whirling headaches, and I became exceedingly weak. My doc

tor could not help me, and I turned to Doan's Kidney Pills, with the result that the kidney congestion disappeared and, with it, all the other symptoms. What is more, the cure has lasted for eight years." Sold by all dealers. 50 cents a box.

Foster-Milburn Co., Buffalo, N. Y.

most damaging testimony against tea comes from tea-tasters acts have been committed. employed by the wholesale tea houses. Some of these are compelled to take long rests from their vocation ful effects of the tea taken into their systems,-Leslie's Weekly.

The internal revenue commissioner has decided that Pe-ru-na as now manufactured is exempt from internal

The highest medical and pharmaceutical authorities in the United States have passed upon the product. It must be highly gratifying to the many friends of Pe-ru-na and the local commercial world that the product which has carried Columbus' name into all continents, again enjoys the

Sand Well in Canada. A curious well in Canada produces sand, instead of water. This sand comes up in a fine stream, like a fountain. The force which drives it to the surface from a depth of 100 feet has not yet been discovered.

TERRIBLE SCALP HUMOR.

Badly Affected With Sores and Crusts -Extended Down Behind the Ears

-Another Cure by Cuticura. "About ten years ago my scalp became badly affected with sore and itching humors, crusts, etc., and extended down behind the ears. My hair came out in places, also. I was greatly troubled; understood it was eczema. Tried various remedies so called. without effect. Saw your Cuticura advertisement, and got the Cuticura Remedies at once. Applied them as to directions, etc., and after two weeks think, of use, was clear as a whistle I have to state also that late last fall. Uctober and November, 1904, I was suddenly afflicted with a bad eruption, painful and itching pustules over the lower part of the body. I suffered dreadfully. In two months, under the skillful treatment of my doctor, conjoined with Cuticura Soap and Cuticura Ointment, I found myself cured. H. M. F. Weiss, Rosemond, Christian Co. Ill. Aug. 31 1905."

Church in Tree Trunk. A church in Grippsland, the east ern province of Victoria, may be said to have required but a single tree trunk for its construction, masmuch as a giant eucalyptus was hollowed out until a room sufficient to contain

a congregation of fifty was formed.

DON'T FORGET Sheep Raising and Rainfall.

In parts of Australia where the average yearly rainfall is not more than ten inches, a square mile of land will support only eight or nine sheep. In the Argentine Republic, South America, the same area, with thirty-four inches of rain, supports 2,560 sheep.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children,

Signature of Chart Helitcher.

The Kind You Have Always Bought,

High Temperature. It has been discovered that by the use of acetylene gas in a blowpipe much higher temperatures can be obtained than are available with the ordinary oxyhydrogen blowpipe. The latter gives from 3,600 to 4,500 degrees; the former more than 7,000 degrees.

Ever Hear of "Scotty" and His Record-Breaking Ride?

The story, briefly told, is this: Walter Scott, the Death Valley gold miner, made the trip from Los Angeles to Chicago last summer on a special train over the "Santa Fe" in less than 45 hours. That whirlwind train cost him more than \$6,000. It was the fastest long distance run over mountains and plains ever made on any American railway. It demonstrated beyond dispute that the Santa Fe track, equipment and employees are of ependable kind, wouldn't care to ride so fast. You prefer the luxury of our three trains from Utah and Colorado to Everywhere East and Southwest. Ask me for ticket rates and litera-

C. F. WARREN, 411 Dooly Block, Salt Lake City, Utah.

Japan has the monopoly of camphor production, for it is only in that country and Formosa that the camphor tree flourishes commercially.

Everybody get ready for Spring Conference.

Swiss Foreign Trade. With a population of only 3,315,343 Switzerland has a foreign trade of more than \$400,000,000 a year.

Prize Goes to Foreigner. Prizes for the best patriotic songs for the use of school children were offered in Brussels, and the first prize

was won by a Frenchman.

If you go to Conference be sure and

TURN OF BIG SHIPPERS TO ENGAGE ATTORNEYS

Interstate Commerce Commission Finds Evidence of Under-Billing and Will Turn the Cases Over to the Grand Jury.

property.

USE THE PAMOUS

Perfectly Formed Man.

should weigh twenty-eight pounds for

Everybody get ready for Spring

London's Telephone Exchange.

The city of London telephone ex-

change contains 37,000 glow lamps,

over 7,000 miles of wire, and four mil-

Mrs. Winslow's Soothing Syrup. Hidren teething, softens the gums, reduce atton, sliays pain, curse wind colin. Mc a bo

Sumatra Vegetables and Animals.

Sumatra has a greater variety of

animal and vegetable life than any

Good in Little Things.

It is sometimes good to be content

with doing little; the great and splen-

did occasions in which a man can

benefit his country are few; the hum-

ble duties by which her benefit may

be advanced are of daily occurrence.

If you go to Conference be sure and

"Silver Grave."

"Silver grays" in politics was a

term applied to the whigs of New

York who supported the administra-

tion of President Fillmore, and re-

the compromise of 1850. A conven-

tion of the administration was held at

Syracuse Sept. 27, 1850, to secure a

etc. The convention resulted in an

ministration men, left the convention;

as they were elderly men, they, with

their following, were immediately

Pot-Hunters' Work in Australia.

the birds maimed and wounded.

know has the "Swan River Settle-

swan floating in their centerpiece.

Look for Pleasant Things.

There are women, and men, too, for

soon as it threatens to gain a head-

those in their immediate vicinity.

dubbed "silver grays."

every foot of his height.

Hon soldered connections.

other region in the world.

-Sidney Smith.

use the Salt Lake Route.

Washington.-As a result of the investigation in New York by the interstate commerce commission of alleged underbilling and misdescription of goods by various shippers, it is stated at the offices of the commission that the present intention is to certify the cases to the department of justice for criminal proceedings, with the view to bringing about indictments. This action, however, will be deferred until after the commission has conducted further hearings in other cities where it is alleged similar unlawful

At present it is contemplated by the commission to examine certain witnesses in Buffalo and Philadelphia. where, it is said, frauds of equal if not greater magnitude than those alleged to have been committed in New York and vicinity have been perpetrated. These latter, hearings will be conducted some time during the month of April. A member of the commission said that it was the determination of the commission, so far as possible, to break up the practice, and that it was their belief that this could be done only through drastic action in the courts.

PRODUCTION AND DIVIDENDS.

Utah Mines Make a Good Record for Month of March.

Salt Lake City.-Ore and bullion settlements in the local open market during the month of March amounted to \$1,982,750. Settlements for the past week reached \$470,250, Saturday's contribution to that total being \$53,250, as follows: Silver, lead, gold and copper ores, \$26,250; base bullion, \$27,000.

Being a quarterly period dividends of Utah mines also made a fine showing during the month. Ten companies paid or ordered paid during the period mentioned the sum of \$937,000, as fol-United States company, \$656, 000; Silver King, \$100,000; Daly-West, \$108,000; Consolidated Mercur, \$25. 000; Beck Tunnel, \$15,000; Central, \$12,500; Victoria, \$10,000; Sacramento, \$5,000; Uncle Sam, \$5, 000, and Utah, of Fish Springs, \$1,000.

RECORD BREAKING FIGURES.

Rush of Aliens to the United States

Continues Unabated. Albany, N. Y .- During the last three months of 1905 there were 164,-540 alien arrivals at the port of New York, according to the quarterly bulletin of the state department of labor made public Saturday. This is an increase of 9,000 over the record-break ing figures of a year ago, the influx from Italy alone being larger by 20, 000 than in the last quarter of 1904. 'New York becomes the home of

63,413 of the newcomers," says the bulletin, "and the fact that 35,728, or one-fourth of the 140,000 immigrants over 14 years old can neither read nor write is not altogether reassur ing."

Miners Engage in Desperate Battle.

Charlesrol, Pa.-One man shot to death, two others suffering from bullet wounds that are expected to prove fatal, a third seriously cut, a fourth burned about the hands and face and a fifth seriously injured, is the result of a fight of miners in the woods near here. The men quarreled over a keg of beer. The dead man is Lewis liams, 38 years old. The two fatally wounded are J. S. Schneider and Oscar Schneider, brothers.

Assembly Stood the Test. Columbus, O .- The Ohio general assembly has, backed by the reform sentiment that swept away party lines in the election, enacted many reform measures. Among those are the laws providing for 2-cent passenger fares, creating a state railroad commission and providing for the regulation of freight rates, wiping out the fee system for the payment of county of ficers and putting them upon a salary basis, abolishing prison contract labor, repealing the inheritance tax law and raising the saloon tax.

Great Britain is Satisfied.

London.-The London newspapers in their editorial articles Monday morning welcome the settlement of the points in controversy between France and Germany over Morocco as removing the anarchical conditions in Morocco which have constituted a constant menace to the peace of Europe. They consider that although France may be disappointed in her aspirations for the "pacific penetration" of Morocco, she has secured all her immediate and solid interests in Mo-

Conductor Shot by News Agent. Roswell, N. M.-Frank B. Curtis, a passenger conductor on the Pecos Valley & North Eastern railroad, was shot thrice and killed Saturday night on his train between Portales and Elida, by C. L. Price, news agent, whom he had reprimanded for alleged insits to women passengers. Price was taken from the train and was taken to Portales for his preliminary He claims to have shot Curtis in self defense, but it is said the conductor was unarmed.

Packers Will Be Witnesses.

Chicago.-The government has caused the issuance of subpoenas for twelve men who are prominent in the packing industry. The subpoenas cite the men to appear at the trial of the packing corporations, which is set for September 10. The men are J. Ogden Armour, Arthur Meeker, C. W. Armour, P. A. Calentine, S. A. McRoberts, L. A. Carton, Edward F. Swift, C. F. Swift, D. E. Hartwell, A. H. Vesder, Robert McManus and Arthur

OMISSION EASILY PUT RIGHT Dr. Pierce's Favorite Prescription Paper Vender's Good Bargain. The Berlin Zeitung am Mittag says that a Russian some time ago gave a Seaman's Suggestion of Substitute ring worth \$250 to a newspaper seller n the Friederichstrasse for three copes of the Zeitung am Mittag. The

period fixed by law during which the Russian could have regained possestion of the ring recently expired, and the police have informed the newscases, he gave an order on the shoresman owner and sailed away. A while after, on re-reading the order, Skipper High exploded with: "Blast my eyes, men, but here is a devil of a fire. I didn't give him the O., and my name's Nat O. High!"

"Don't worry about that, skipper."
said Joe Vincent; "you can easily make that all right. Just run down paper seller that the ring is his lawful shoresman owner and sailed away. Red Cross Ball Blue Large for package 5 cents The Russ Company, South Bend, Ind. A man, to be perfectly proportioned.

make that all right. Just run down tion. alongside and throw a hoop aboard." -Boston Herald.

Conversation.

"The power to converse well is a de very great charm," says Ruskin. "You think everybody can talk! How mistaken you are. Anybody can exchange idle gossip. Anybody can recapitulate the troubles of the kitchen the cost of the last new dress, and the probable dolors are dressed as the probable dolors. the probable doings of the neighbors. But to talk wisely, instructively, freshly and delightfully is an immense accomplishment. It implies exertion, observation, study of books and people, the receptivity of impression." Plato banished the musicians from his feasts that the charms of conver-Everybody get ready for Spring sation might have no interference, but in our later fashions many prefer music rather than the gossip of the hour which often degenerates into trivialities, wearisome and commonplace. As a mirror reflects the face. so the conversation reveals the mind

Hard to Find Woodcock Nest.

There are few more difficult things to detect in Nature than a woodcock sitting on her nest. So well does the dappled plumage of the bird harmonize with the dead leaves of which the nest is composed, or, it may be, with the withered bracken that overhangs it, that it is hard to make out much more than the sitting bird's darkly barred head and bright black eyes; garded the slavery question settled by to trace the outline of the body is impossible. Nor is it easy to find the nest when the bird is absent, for the cream colored eggs speckled with vindication of the President's policy, brown are so like in color to the nest in which they lie that an untrained emphatic majority against the admin- eye would wander over them without istration; whereupon the chairman, detecting them. - London Daily Mr. Granger, and several other ad- Graphic.

Sea Water for Street Sprinkling. Many European cities on the seacoast use salt water for watering the public thoroughfares, calling it a waste to make use of fresh water for A fearful destruction of animal and this purpose. They are the more satbird life has been going on in Australia during recent years. From a isfied because certain properties of sea number of places come reports of the water eliminate the necessity of freruthless manner in which the black quent applications. On the other hand, swans are being exterminated. They salt water exerts a very destructive are said to be shot down in dozens influence on the paint and varnish of by pot-hunters, who frequently leave vehicles and merchants affirm that the salt is found everywhere and that Western Australia was originally its deliquescence is attended with harmful results. And sgain, ment." All the early issues of stamps water is destructive to the pipes and metallic fittings, and the leakage of in that colony had a graceful black the pipes kills vegetation in streets, parks and gardens.

Chief Constable's Boast. Mr. William Pattison, who was apthat matter, who are constantly on pointed chief constable of Scarborthe lookout for unpleasant things and who after a while form a habit of alough, England, in 1865, and whose death is announced, declared, on takways looking at the wrong side. Such a trait should be nipped in the bud ing up his duties, that he would make the town so clear of crime that he could hang up his watch on a lampway, for it not only leads to endless unhappiness on the part of the perpepost and it would not be molested. trator, but makes life miserable for The night after this boast some one stole the postoffice clock.

for Missing Initial.

The skipper of a Beverly vessel on Grand Bank ran up alongside Skipper Nat High of Marblehead and secured a spare anchor, having lost his out in a gale. As usual in such cases, he gave an order on the

tion, neuralgia, hysteria, spasms, chorea, or St. Vitus's dance, and other distressing nervous symptoms commonly attendant upon functional and organic disease of the womanly organs. It induces refreshing sieep and relieves mental anxiety and desnoudency.

espondency. Cures obstinate cases. "Favorite Prescription" is a positive cure for the most complicated and obstinate cases of "fo-male weakness," painful periods, irregularities, prolapsus or falling of the pelvic

and ulceration.

Dr. Pierce's medicines are made from harmless but efficient medical roots found growing in our American forests.

The Indians knew of the marvelous curative value of some of these roots and imparted that knowledge to some of the friendlier whites, and gradually some of the more progressive physicians came to test and use them, and ever since they have grown in favor by reason of their superior curative virtues and their safe

superior curative virtues and their safe and harmiess qualities.
Your druggists sell the "Favorite Pagsauriton" and also that famous alterative, blood purifier and stomach tonic, the "Golden Marical Discover." Write to Dr. Pierce about your case. He is an experienced physician and will treat your case as confidential and without charge for correspondence. Address him at the Invalids' Hotel and Surgical Institute, Buffalo, N. Y., of which he is chief constituting physician. sulting physician.

GIVE SCHOOL CHILDREN MEALS

French Authorities Allow None of

Them to Go Hungry. In Paris the city government gives every school child one full meal a This does not tend to pauperize the children or to lessen the responsibility of the parents; for all those who can afford to pay for the meal are expected to do so. On the other hand, no jealousy or contempt can be felt by the richer children for their starved comrades; for all are supplied with the same metal token, which has to be given up in exchange for the meal. The "cantine scolaire," as this municipal soup kitchen is called, is not confined to Paris. In the provinces, the "soupe scolaire," its equivalent, has sent up the school attendance by leaps and bounds. Here, however, instead of paying for their midday meal, all those who can possibly do so are encouraged to bring to school their handful of vegetables and the like and the contributions are all put into the com-

Alaska Coast Is Rising. Parts of the coast of Alaska have shown marked signs, within the last six or seven years, of a rise in the land, amounting, in exceptional instances, to no less than thirty or forty feet. The fact that glaciers and Rocky mountain spurs were chiefly affected and few, if any, human habitations were seriously disturbed, prevented the change from attracting

Most Venomous Spider

a little fellow confined to New Zealand, called by the native inhabitants "Katipo." Its bite not infrequently rauses chronic illness or death.

The Coffee Debate.

The published statements of a num- | and says "I can't quit" you will have | ber of coffee importers and roasters discovered one of the slaves of the cof- dinary coffee hurts everyone. Indicate a "waspy" feeling towards us for daring to say that coffee is harmful to a percentage of the people.

A frank public discussion of the subject is quite agreeable to us and can certainly do no harm; on the contrary when all the facts on both sides of any question are spread before the people they can thereupon decide and act intelligently.

Give the people plain facts and they

will take care of themselves. We demand facts in this coffee discussion and propose to see that the facts are brought clearly before the

A number of coffee importers and roasters have joined a movement to boom coffee and stop the use of Pos tum Food Coffee and in their newspaper statements undertake to deceive by false assertions.

Their first is that coffee is not harm- that wager.

We assert that one in every three coffee users has some form of incipient or chronic disease; realize for one moment what a terrible menace to a nation of civilized people, when one kind of beverage cripples the energies and health of one-third the people who

We make the assertion advisedly and suggest that the reader secure his own proof by personal inquiry among coffee users. Ask your coffee drinking friends if they keep free from any sort of aches

and ails. You will be startled at the percentage and will very naturally seek to place the cause of disorder on something aside from coffee, whether food, inherited tendencies or some-Go deeper in your search for facts.

If your friend admits occasional neuralgia, rheumatism, heart weakness, stomach or bowel trouble, kidney complaint, weak eyes or approaching nervous prostration induce him or her to coffee for 10 days and using Postum | every human being, Food Coffee, and observe the result. It will startle you and give your friend authenticated and known to every something to think of. Of course, if properly educated physician, chemist the person is one of the weak ones | and food expert.

fee importer. Treat such kindly, for they seem absolutely powerless to stop body and health.

Nature has a way of destroying a

part of the people to make room for the stronger. It is the old law of "the survival of the fittest" at work, and the victims are many. We repeat the assertion that coffee does harm many people, not all, but

an army large enough to appal the investigator and searcher for facts. The next prevarication of the coffee importers and roasters is their state ment that Postum Food Coffee is made of roasted peas, beans or corn, and mixed with a low grade of coffee and

that it contains no nourishment. We have previously offered to wager \$100,000,00 with them that their statements are absolutely false. They have not accepted our wager

and they will not, We will gladly make a present of \$25,000.00 to any reaster or importer of old-fashioned coffee who will accept

Free inspection of our factories and methods is made by thousands of people each month and the coffee import ers themselves are cordially invited Both Postum and Grape-Nuts are abso-

lutely pure and made exactly as stated. The formula of Postum and the an alysis made by one of the foremost chemists of Boston has been printed on every package for many years and is absolutely accurate.

Now as to the food value of Postum It coreains the parts of the wheat berry which carry the elemental salts. such as lime, iron, potash, silica, etc. etc., used by the life forces to rebuild the cellular tissue, and this is particu larly true of the phosphate of potash, also found in Graps-Nuts, which combines in the human body with albumen and this combination, together with water, rebuilds the worn-out gray matter in the delicate nerve centers all over the body and throughout the

brain and solar plexus. Ordinary coffee stimulates in an unnatural way, but with many people it slowly and surely destroys and does not rebuild this gray substance so make the experiment of leaving off vitally important to the well being of

These are eternal facts, proven, well

Please remember we never say or-

Some people use it regularly and seem strong enough to withstan. Its the gradual but sure destruction of attacks, but there is misery and disease in store for the man or woman who persists in its use when nature protests, by heart weakness, stomach and bowel troubles, kidney disease. weak eyes or general nervous prostration. The remedy is obvious. The drug caffeine, contained in all ordinary coffee, must be discontinued absolutely or the disease will continue in spite

of any medicine and will grow worse, It is easy to leave off the old-fashioned coffee by adopting Postum Food Coffee, for in it one finds a pleasing bot breakfast or dinner beverage that has the deep seal brown color, changing to a rich golden brown when good cream is added. When boiled long enough (15 minutes) the flavor is not that of rank Rio coffee but very like the milder, smooth and high-grade Java, but entirely lacking the drug

effect of ordinary coffee. Anyone suffering from disorders set up by coffee drinking (and there is an extensive variety) can absolutely depend upon some measure of relief by

quitting coffee and using Postum Food If the disease has not become too strongly rooted, one can with good reason expect it to disappear entirely in a reasonable time after the active cause of the trouble is removed and the cellular tissue has time to naturally rebuild with the elements furnished

by Postum and good food. It's only just plain old common Now, with the exact facts before the reader, he or she can decide the wise

course, looking to health and the power to do things. If you have any doubt as to the cause of any ache or all you may have, remember the far-reaching telegrams of a hurt nervous system travel from heel to head, and it may be well worth your while to make the experiment of leaving off coffee entirely for ten days

and using Postum in its place. You will probably gather some good solid facts, worth more than a gold mine, for health can make gold and sickness lose it. Besides there's all the fun, for it's like a continuous internal frolic to be perfectly well.

There's a reason for